IOWA SYSTEMA

Waver & Registration

RMA Seminar
Nov. 16-17, 2019
with **Martin Wheeler**

Name: _____ Age: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phones: (home) _____ (cell) _____

Days Attending (check appropriate) ☐ Sat., Nov. 16 ☐ Sun., Nov. 17

Seminar cost (Sat./Sun): $115/day if registered by Saturday, Oct. 19
$125/day between Oct. 19 – Nov. 2
$140 after Nov. 2

LIABILITY WAIVER: Read carefully and sign

I, the undersigned, do hereby voluntarily submit my application for attendance and participation in said Russian Martial Arts training seminar and hereby assume full responsibility for any and all damages, injuries, or losses that I may sustain. I do hereby for myself, my heirs, executors, administrators, parents and guardians assign, release, acquit and forever discharge Iowa Systema and Aspen Fitness, their agents, assistants, representatives, officers, and directors, the instructors, the sponsors, and/or the volunteers, of and from any and all liability, actions, claims, demands, or suits whatsoever, which I may now or hereafter have or claim to have, on account of any injury sustained and suffered by me in connection with said training. I consent that any pictures or videos taken of me in connection with the seminar can be used for publicity, or promotion, and I waive compensation in regards thereto. I certify that I am at least 16 years of age, and that if I am under 18, this release and consent must also be signed by parents or guardian.

I have read this document and I have received answers to any questions I might have about this document. I understand what I am signing and consent to these conditions. The provisions herein, when signed and accepted, shall constitute the entire agreement between us and cannot be changed, modified or discharged orally.

Participant Signature	Participant Print Name	Date
Guardian Signature (if participant under 18)	Guardian Print Name	Date

Mail completed form to: 238 17th St., Ames, Iowa, 50010 or email to lance@iowasystema.com